



WAVERLY'S LeaderinMe[®] HABITS AT HOME

Habit #3: Put First Things First



- ✓ I do the things that I have to do before I do the things that I want to do.
- ✓ I stay focused on what I'm doing. I try to minimize distractions and regroup if I get off task.
- ✓ I spend my time on the things that are the most important.

Put First Things First at home!

- Talk with your family about what are the most important jobs or responsibilities in your household, such as doing homework, making the bed, or taking out the garbage. Use the following link for an activity that can help you figure out what to prioritize and create a routine!
<https://www.sesd.org/cms/lib/CA01902799/Centricity/Domain/139/Habit%203%20Daily%20Routine%20Planning%20Tool.pdf>
- **Work First, Then Play:** Do your chores before being asked; do the hardest part of your homework first.
- Think of something you've been putting off for a long time, like cleaning up your room or pumping up the flat tire on your bike. Go do it! If you need help reflecting, use this link to help you brainstorm.
<https://www.sesd.org/cms/lib/CA01902799/Centricity/Domain/139/Habit%203%20Brainstormer%20and%20Questions.pdf>



Books to help discuss Habit #3

- The Little Red Hen by Jerry Pinkney
- Pigsty by Mark Teague
- The Very Hungry Caterpillar by Eric Carle
- Froggy Gets Dressed by Jonathon London
- Alejandro's Gift by Richard E. Albert
- Jamaica's Find by Juanita Havill
- The Week Mom Unplugged the TV's by Terry Wolfe Phelan
- Irving Black's Strange Snack by Roz Rosenbluth
- Esperanza Rising by Pam Munoz Ryan
- The TV Kid by Betsy Byars
- Justin and the Best Biscuits in the World by Mildred Pitts Walter
- The Dot by Peter H. Reynolds
- The Three Questions by Jon J. Muth
- A Place for Everything by Sean Covey
- Berenstain Bears: Trouble at School by Stan and Jan Berenstain



Live links to fun activities & additional resources:

- <https://www.rock-hill.k12.sc.us/cms/lib/SCO1000464/Centricity/Domain/1262/Habit-3.pdf>
- <https://leaderinmeorange.weebly.com/uploads/6/4/8/5/64857781/putfirstthingsfirstsiftingoutthesand.pdf>

YouTube videos:

- https://www.youtube.com/watch_popup?v=A6noJHDrO7k
- https://www.youtube.com/watch_popup?v=NnVG-pLBse8
- https://www.youtube.com/watch_popup?v=m0hqBIugr7I&t=3s
- https://www.youtube.com/watch_popup?v=ybzdY3qr4Vc&t=91s